

# KENPO WOMEN'S SYMPOSIUM

OCT 2025

## RESOURCE MATERIAL

### **The Gift of Fear. Gavin De Becker**

- Book - [The Gift of Fear: Survival Signals That Protect Us from Violence by Gavin de Becker | Goodreads](#)
- YouTube Channel - [\(583\) The Gift of Fear Master Class - YouTube](#)

### **Back Off: How to Confront and Stop Sexual Harassment and Harassers Martha J Langelan**

- [Back Off: How to Confront and Stop Sexual Harassment and Harassers by Martha J. Langelan | Goodreads](#)

### **A Call to Action Jimmy Carter**

- [President Carter Issues "A Call to Action"](#)

### **The Watchman. The 12 Irrefutable Principles of Physical and Spiritual Defense. Ron Sanchez**

- [The Watchman: The 12 Irrefutable Principles of Physical and Spiritual Defense by Captain Ron Sanchez \(ret\) | Goodreads](#)

### **Girls Fight Back! The college Girl's Guide to Protecting Herself. Erin Weed**

- [ABOUT | Girls Fight Back](#)

### **Rape, Abuse, & Incest National Network**

- [RAINN | The nation's largest anti-sexual violence organization](#)

**National Sexual Assault Hotline**

**800-656-4673**